

FORMA | Pilates SCHEDULE - November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>REFORMER All Levels 7:30am Yuki</p>			<p>REFORMER All Levels 7:30am Riana</p>			
<p>REFORMER All Levels 8:45am Yuki</p>	<p>REFORMER All Levels 8:45am Autumn</p>	<p>ADVANCED REFORMER 8:30am 75 min Class Yuki (Invitation Only)</p>	<p>REFORMER All Levels 8:45am Riana</p>	<p>REFORMER All Levels 8:45am Nicolle</p>		
<p>REFORMER All Levels 10:00am Yuki</p>	<p>REFORMER All Levels 10:00am Autumn</p>	<p>REFORMER All Levels 10:00am Riana</p>	<p>REFORMER All Levels 10:00am Nicolle</p>	<p>REFORMER All Levels 10:00am Meg</p>	<p>REFORMER All Levels 10:00am Yuki</p>	<p>REFORMER All Levels 10:15am Meg</p>
		<p>REFORMER All Levels 11:15am Pam (Starts 11/16)</p>			<p>REFORMER All Levels 11:15am Yuki</p>	
<p>REFORMER All Levels 4:30pm Yuki</p>		<p>REFORMER All Levels 4:30pm Autumn</p>		<p>REFORMER All Levels 4:30pm Pam</p>		
	<p>REFORMER All Levels 5:30pm Karen</p>					

24-hour notice is required for any cancellation to avoid full charge.

Class is subject to change.

For question, contact yuki@formagym.com