

FORMA | Pilates SCHEDULE - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
REFORMER All levels 7:30am Yuki			REFORMER All Levels 7:30am Pam			
REFORMER All levels 8:45am Yuki	SPECIALIZED Orthopedic 8:45am Karen	REFORMER All levels 8:45am Rocio	REFORMER All levels 8:45am Pam	REFORMER All Levels 8:45am Felicia		
REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:00am Autumn	REFORMER All Levels 10:00am Janel	REFORMER All Levels 10:00am Loan	REFORMER All Levels 10:00am Meg	REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:15am Meg
					REFORMER All Levels 11:15am Yuki	
REFORMER All Levels 4:30pm Autumn		REFORMER All Levels 4:30pm Yuki		REFORMER All Levels 4:30pm Pam		
	REFORMER All Levels 5:30pm Karen		REFORMER All Levels 5:30pm Janel			

24-hour notice is required for any cancellation to avoid full charge.

Class is subject to change.

For question, contact yuki@formagym.com