

FORMA | APRIL PILATES SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			REFORMER All Levels 7:30am Pam			
REFORMER All levels 9:00am Yuki	SPECIALIZED Orthopedic 8:45am Karen	REFORMER All levels 8:45am Jamie	REFORMER All levels 8:45am Pam	REFORMER All Levels 8:45am Felicia	INTRO to REFORMER 9:00 am Jessica	
REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:00am Loan	REFORMER All Levels 10:00am Jessica	REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:00am Meg	REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:15am Meg
REFORMER All Levels 4:15pm Rocio		REFORMER All Levels 4:15pm Yuki		REFORMER All Levels 4:15pm Pam		
REFORMER All Levels 5:30pm Rocio	REFORMER All Levels 5:30pm Karen		REFORMER All Levels 5:30pm Tricia			

24-hour notice is required for any cancellation to avoid full charge.

Class is subject to change.

*For question, contact
yuki@formagym.com*