FORMA | PILATES SCHEDULE - NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	REFORMER All Levels 7:00am Pam		REFORMER All Levels 7:00am Pam			
REFORMER All levels 9:15am Leslie	REFORMER Advanced 9:00am Loan	REFORMER All levels 9:00am Jamie	REFORMER Advanced 9:00am Leslie	REFORMER All levels 9:00am Jamie		
REFORMER All Levels 10:15am Leslie		REFORMER All levels 10:00am Jamie	REFORMER All Levels 10:00am Leslie	REFORMER All Levels 10:00am Loan	REFORMER All Levels 10:00am Yuki	REFORMER All Levels 10:15am Meg
REFORMER All Levels 12:00pm Yuki						
		REFORMER All Levels 4:30pm Callie		REFORMER All Levels 4:15pm Pam		
REFORMER All Levels 5:30pm Jamie	REFORMER All Levels 5:30pm Yuki	COMING SOON! 5:30pm	REFORMER All Levels 5:30pm Callie			
COMING SOON! 6:30pm	TEACHER TRAINING Practice 6:30pm Yuki		REFORMER All Levels 6:30pm Yuki			

24-hour notice is required for any cancellation to avoid full charge.

Class is subject to change.